From Authenticity to Profilicity: A Critical Response to Roberto Simanowski and Others

Paul J. D'Ambrosio and Hans-Georg Moeller

Some see the internet as an outlet for more or less accurate "self-representation," while others think that it drastically alters who we are and how we interact with the world around us. Many of those who think that using the internet changes us caution that it often does so for the worse. Although those are perhaps the loudest voices, the new media also has its defenders and, of course, the billions of daily participants who, at least in practice, go along with the idea that the internet might not be so bad. In this article we seek to provide a more accurate diagnosis of some wider social changes reflected by internet usage. We think that the increasing significance of online *and offline* profiles indicates nothing short of a paradigm change going beyond the debate over potential harms or benefits of widespread internet use.

Roberto Simanowski is one of the most philosophically engaging theorists working on the relationship between the internet and the humans who communicate through it. Though he is firmly in the "The internet changes us,

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1. In the first group, see Thompson, *Smarter Than You Think*; and Walker-Rettberg, *Seeing Ourselves through Technology*. In the second, see Carr, *Glass Cage*; Carr, *Shallows*; Turkle, *Alone Together*; and Turkle, *Reclaiming Conversation*.

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and not always for the better" camp, his article "Instant Selves: Algorithmic Autobiographies on Social Network Sites" (2017) and his book Facebook Society: Losing Ourselves in Sharing Ourselves (2018) are representative of the most penetrating insights this field has to offer. In these texts Simanowski is concerned with how the internet transforms our understanding of ourselves, others, and the world—or our "identity." Three key concepts summarize his standpoint: instant selves, episodic selves, and the Facebook eye. The first, instant selves, expresses the idea that online algorithms narrate our lives for us. We are now less likely to reflect deeply on our experiences and therefore prone to compose our life stories mindlessly and sporadically. Social media constantly presents ready-made and intermittent narratives. The lack of continuous narratives fragments our identity and provides us eventually with episodic selves. Encouraged by social media's abridged storytelling formats, we more and more live as tourists, hopping from one experience to the next with only thinly construed coherence. Thus reality is seen through a Facebook eye relationships are dissected, experiences are split apart, and the world is presented and seen in terms of what promises to garner the most "likes."

These three notions provide valuable insights into the way the digital revolution affects human life. However, they are each narrow in taking into account only certain direct and more readily apparent effects of the internet and its associated technologies. In this article we offer avenues for expanding these insights.

First, we believe that Simanowski's three concepts all reflect an authenticity-based value system. The notions of an instant and episodic self critically imply that self-reflectiveness and self-coherence are in danger of being lost in social media communication. This, in turn, implies the desirability of a more real and less virtual, a more complete and less shattered, a more profound and less random self—in other words, a self that is deeply grounded in itself and thereby self-sustaining. Such a conception of an original and independent self, however, is neither timeless nor universally applicable. It is a contingent conception of the self rooted in the recent "age of authenticity," to use Charles Taylor's expression.²

Second, the notion of the Facebook eye suggests that concern with public appreciation in the form of "likes" is a product of the social media. Speaking of a "Facebook society" similarly indicates that Facebook, or social media, single-handedly brought about significant changes in society. A Facebook society, Simanowski explains, is a "society whose forms of communication and

^{2.} Taylor, Secular Age, 473.

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cultural techniques are significantly determined by the practices of self-representation and world-perception on Facebook." We think that the ascription of such a monocausal determinism to social media (Simanowski uses the term *Facebook* metonymically for not only this but other similar platforms) may run the risk of giving them too much credit. We therefore intend to show how contemporary modes of generating attention and acclaim should be understood in a much wider context. Society as a whole operates today in a mode of "second-order observation," where social value, including personal value, emerges as the result of a validation by what we call "general peer" groups that exist as much offline as online. As Erving Goffman shows, the necessity of "the presentation of self in everyday life" is not limited to, and was not invented by, Facebook. Social media only enhance, or prey on, more general social features that predate them.

The unease and fear over potentially "inauthentic" social media selves expressed in Simanowski's notions, and shared widely in academic circles and older generations, may indicate that the age of authenticity itself is coming to an end. If this is so, it is of little use to describe newly emerging, or newly dominant, forms of identity assembly only negatively, that is, in terms of what is lost or perceived as lacking. Instead, a new conceptual vocabulary is needed to go beyond the semantics of an age of authenticity. If this age is approaching its demise, then it is time to question its semantics and to look for possibilities of a different and less anachronistic conceptual framework to describe issues of selfhood and identity. In our view, present-day identity formation, both on and off the internet, can no longer be adequately understood with reference to authenticity. For this reason, we propose a new term to describe an emerging profile-based form of achieving identity, namely, "profilicity." 5

Losing Ourselves Online: Simanowski and Others

Instant Selves

Simanowski's article "Instant Selves" looks at how self-narration has become automatized in social media. Social media, Simanowski argues, manufacture life stories for their users as a result of the algorithms built into the sites. These "selves" are instantly created and automatically composed by the sites and as connections, status updates, and media uploads are arranged into narrative

- 3. Simanowski, Facebook Society (hereafter cited as FS), xiii.
- 4. Goffman, Presentation of Self in Everyday Life.
- 5. We are grateful to David Stark for his help in coining this term.

frameworks. For Simanowski, authorship, which for him means self-creation, in social media is distinct from the reflective and noninstant authorship and self-invention traditionally pursued through nonautomatized, self-written life stories. Using Hegelian terminology, Simanowski postulates an "imperative of *'Bildung*," that is, a demand that one ought to view one's life as a project that needs to be reflectively narrated by and to oneself in conversation with other self-narrating selves. An instant, algorithmically written narrative violates this imperative and thus, strictly speaking, is no real narrative at all. Here a machine intervenes in the intersubjective narration process and sabotages it. Real selves, to the contrary, must engage in the constant work of building (*Bildung*) their own ongoing stories through self-reflection—otherwise they are exposed to the danger of "losing themselves," as the subtitle to *Facebook Society* warns us.⁷

Simanowski's narrative of narratives is not only inspired by G. W. F. Hegel but also by more recent authenticity-focused thinkers such as Alasdair MacIntyre and Taylor. MacIntyre argues that a narrative process is integral to identity construction:

Thus personal identity is just that identity presupposed by the unity of the character which the unity of a narrative requires. Without such unity there would not be subjects of whom stories could be told.... The unity of human life is the unity of a narrative quest.... But the only criteria for success or failure in a human life as a whole are the criteria of success or failure in a narrated or to-be-narrated quest.⁸

In a similar vein, Taylor demands that "we must inescapably understand our lives in narrative form, as a 'quest.' . . . [We] must see our life in story." And the demand to achieve selfhood through a narrative quest is directly related to Taylor's understanding of authentic selfhood, which he defines as an "understanding of life . . . that each of us has his/her own way of realizing our humanity, and that it is important to find and live out one's own, as against surrendering to conformity with a model imposed on us from outside, by society, or the previous generation, or religious or political authority." Simanowski's

^{6.} Simanowski, "Instant Selves" (hereafter cited as IS), 209.

^{7.} Alessandro Farrara argues that self-reflection, along with autonomy, are the markers of authenticity (*Reflective Authenticity*).

^{8.} MacIntrye, After Virtue, 218-19.

^{9.} Taylor, Secular Age, 475.

^{10.} Taylor, Ethics of Authenticity, 66.

"imperative of *Bildung*" clearly mirrors both MacIntyre's and Taylor's conception of authentic identity, which we adopt in this article. Accordingly, persons develop their own and unique stories through their creative and intellectual agency, rather than by submission, to combine Taylor's and Simanowski's words, to "a model imposed on us from the outside, by Facebook society."

So what exactly is an instant self created with the help of an algorithm? A simple form is the number-based and data-driven "quantified self." Pedometers (step counters) are included in most smart phones today and are on the wrists of millions of people (e.g., Fitbits). They instantly measure the number of steps one takes in a given period. Advanced versions can differentiate between running and walking and have ways to quantify various activities including climbing, swimming, cycling, and even having sex. When used with a calorie intake app, they enable one to receive equally instant or nearly instant information about weight gain or loss. These data can be compared to previous data, and thus a story of "progress" or "decline" takes shape. For Simanowski, such a story based on automated measurements represents "an ontological differentiation between the terms data, information, knowledge, and Bildung" (IS, 210). A merely quantified story composed of self-tracking information has little to do with conscious self-reflection of one's personal and social growth. Simanowski extends this "ontological differentiation" to far more complex digital narration tools, including social media sites such as Facebook. Here, too, technologically produced stories emerge. And while platforms such as Facebook are based on more complex quantifications and algorithmic procedures than simply counting steps or calories, Simanowski finds them equally if not more problematic.

Websites like Facebook, or apps like Foursquare's Swarm, in connection with related technologies, such as wearable cameras and smartphones, instantly manufacture data-driven life stories. Some apps focus on particular niches and offer, for example, ready-made templates for baby albums or workout routines. They ask users to enter information (text, photos, videos) into prescribed slots and thus can produce a story of a person's life.

Some authors, such as Jill Walker-Rettberg, find such instantly and mechanically created life stories inaccurate. Walker-Rettberg points to the fact that steps taken when a device is not worn are not counted and that sex includes "caresses, kisses or whispers" as well as emotions, none of which can be measured by a "spreadsheet" or device. ¹¹ Her goal is to bring awareness to these potential flaws and encourage the creation of better tools to achieve a

^{11.} Walker-Rettberg, Seeing Ourselves through Technology, 73.

more appropriate and complete "self-representation." Simanowski's critique, however, is much more fundamental. He argues against these tools from a philosophical perspective. Thus, for him, Walker-Rettberg's use of the term selfrepresentation might already go too far by implying that such tools, in principle, potentially genuinely "represent" and thereby form a real "self" (FS, 63). If the narration of the self is produced by a machine, and if it relies on the data collected by it, then we are no longer dealing, in the strict sense, with the narration by a self. Self-consciousness, to echo Hegel, is missing here. Therefore authorship and authenticity are handed to technology; they are given away as users give up (on) their own selves. Such instantly produced narratives not only do not allow the self to find itself but pose the risk that it may lose itself. Simanowski states: "The surplus value of 'I narrate, therefore I am,' in comparison to recently popular self-representation formulas like 'I post, therefore I am' or 'I share, therefore I am,' lies in the cognitive activity that is involved" (FS, 63). 12 Without such cognitive activity, an instant, unconscious self is prone to emerge.

Given its lack of self-making or self-building (Bildung), the automatic portrayal of an instant self leaves us only flirting with glimpses of our past. A staged photo (like several people all jumping into the air at once), a status update, or a display of kilometers run is given, and often accepted, as sufficient to describe a vacation, a beach day, or your most miserable triathlon training day in months. Simanowski demands that more conscious work needs to be put into our narratives and, by extension, into the formation of our selves. For him, simply sharing one's information as data points, status updates, or visual media is actually the "expression of an antinarrative turn dressed up as narrativity" (FS, 66).¹³ Simanowski worries: "When this happens, individuals no longer describe themselves more or less implicitly, through their actions, but instead it is the actions that describe the individuals. The subject's 'internal automatism' is replaced by the external automatism of the system the subject has become a part of" (FS, 55). He then asks about the effect that "the context of this self-representation [has] on the subject's own self-perception and selfknowledge" (FS, 55). The answer is that the self becomes inauthentic in the context of "the paradoxical phenomenon of a simultaneously actionist and proactive, automatized autobiography, one [that is] more lived than narrated by its subject and 'author'" (FS, 55). Given the subject's own self-submission to the

^{12.} Zygmunt Bauman similarly writes, "I am seen (watched, noted, recorded) therefore I am" (*Liquid Surveillance*, 130).

^{13.} Simanowski asks this as a rhetorical question.

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"external automatism of the system," it loses its subjectivity. Only if "the I speaks about itself, it creates itself" (*FS*, 62). On Facebook, it seems, true self-creation has become, paradoxically, impossible, since the creation process has been externalized: "The technical *dispositif* creates a situation in which the individual subject/object of the updates no longer creates the narrative order of her life while writing but more or less unconsciously produces it while living it" (*FS*, 69). It is abundantly clear that the loss of selfhood decried by Simanowski is a loss of self-creativity or authenticity. Interestingly enough, the same can be said for Walker-Rettberg's complaints about social media and new technologies. Authenticity is actually the final recourse both for social media skeptics such as Simanowski and for those more concerned with improving their potentials. According to Walker-Rettberg, the problem with social media is not that they are unfit to promote authenticity but that they are not yet fully up to the task of allowing adequate self-representation. 16

The fear that social media impede the creation of authenticity equally informs another core concept introduced by Simanowski. He worries that just as the internet invites the production of an instant self that is in danger of becoming an inauthentic self, it also invites the formation of an episodic identity that is in danger of becoming an inauthentic identity.

Episodic Identity

Borrowing from Zygmunt Bauman, Simanowski uses the notion of episodic identity (or sometimes episodic self) to broaden his analysis of the internet and social media. While Bauman's use of *episodic*—which is closely connected to his more prominent concept of liquid modernity—mainly refers to offline life, Simanowski applies it to the online world. His problem with online episodic identity is, once more, that it obstructs and subverts a consummate, and thus authentic, self-narration.

In his essay "From Pilgrim to Tourist—or a Short History of Identity" (1996) Bauman had employed the metaphor of the pilgrim to describe a mode of identity construction through self-narration in premodern and mod-

^{14.} Simanowski references Walker-Rettberg in his book, but only in passing (FS, 82).

^{15.} Clive Thompson, a more outspoken "technocrat," similarly appeals to notions of authenticity in his celebration of today's technologies. He declares, for example, that "for video to really advance as a medium for thinking, there's one major shift that will have to occur: We'll need to begin using it to communicate with ourselves" (*Smarter Than You Think*, 119).

^{16.} Again, Thompson holds a more optimistic view: "What's happened with the Internet is not that it has created any particularly new obsession with things we might consider silly or trivial, it simply exposed what was already there" (Taylor, "Clive Thompson Interview").

ern times. The pilgrim is very much mirrored by the consummate self-narrator who figures in Simanowski's works, as the following quote from Bauman shows: "Pilgrims had a stake in the solidity of the world they walked; in a kind of world in which one can tell life as a continuous story, a 'sense-making' story. . . . The world of pilgrims—of identity builders—must be orderly, determined, predictable, ensured."17 Bauman refers to pilgrims and their world in the past tense for a reason. For him, the pilgrim was on his or her own way in a still solid world, one that has all but disappeared in our postmodern age now characterized by liquidity. In such a world, social structures no longer favor steady identity builders, or the Bildung project. "Time," Bauman writes, "is no longer a river, but a collection of ponds and pools." This metaphor is supposed to illustrate the claim that we are dealing with the "fragmentation of time into episodes" (FPT, 24). Given this disruption, "the hub of postmodern life strategy is not identity building, but avoidance of fixation" (FPT, 24). In the face of this fragmentation, Bauman offers the characters of the stroller, the vagabond, the tourist, and the player as "metaphor[s] for the postmodern strategy moved by the horror of being bound and fixed" (FPT, 26). Being a stroller, for instance, "means rehearsing human reality as a series of episodes, that is as events without past and with no consequences" (FPT, 26). Similarly, the tourist is afraid of being bound to a home and instead constantly moves from place to place, seeking new adventures and remaining immune to all but the bare minimum of (temporarily) stable connections. The world is simply there to "excite, please and amuse," and "there is no other purpose to justify the presence of [the] world and the tourist's presence in it" (FPT, 30).

Simanowski adopts Bauman's figure of the tourist and interlaces it with Hartmut Rosa's notion of "situational identity," that is, an identity subject to drastic shifts in accordance with varying roles adopted in different social situations. Just as the tourist's life is characterized by various episodic journeys, a situational identity varies from one episodic social framework to the next. Simanowski writes:

Postmodern man no longer experiences himself as part of a social project. He is not a pilgrim on the "path of progress" toward himself and the deeper meaning of life; he is a tourist who doesn't want to be determined by the past or constrained by the future, a "flexible" man with a "situational identity" who "lives at the vanishing point of individualization and acceleration" and has forfeited the "claim to (diachronic) continuity and (synchronous) coherence." He

^{17.} Bauman, "From Pilgrim to Tourist" (hereafter cited as FPT), 23.

lives under the "impression of *racing stasis*: things change, but they do not develop." $(FS, 86)^{18}$

Like Bauman, Simanowski is critical of the tourist mode of life, and like Rosa, he considers situational identity somewhat problematic. ¹⁹ A touristic life and situational identity both lack goal-directed orientation and, specifically, make it difficult to establish a proper self-narrative. For Simanowski, social media are, once more, the main culprit in this regard:

New media supply the self with diverse forms of presentation (websites, weblogs, and social networks). In social networks like Instagram, Facebook, or Weibo, self-presentation tends to unfold implicitly rather than explicitly, as one shows rather than tells. . . . Rather than retrospectively narrated, these moments are either spontaneously reported as they happen or simply documented (the photo as update), if not automatically registered within the technical framework (frictionless sharing). (IS, 208–9)

In this way Simanowski borrows Bauman's and Rosa's theoretical and metaphorical vocabulary to describe online life and thereby narrows the scope of his analysis from society as a whole to the social media. Liquid society, for Simanowski, in effect becomes liquid social media. Similarly, acceleration and situational identity become primarily internet phenomena. Both Rosa and Bauman did acknowledge that episodic and situational identities become very conspicuous on the web, but neither of them understood them as produced or reinvented by the social media. We tend to agree with Bauman and Rosa and take it that these forms of identity have a wide range of social and modern contributing factors.

Arguably more sharply than Bauman or Rosa, Simanowski finds fault with episodic identity not only because of its presumably inauthentic features but also because of ensuing effects on morality and politics. Facebook first fosters a "preference for episodic over narrative self-perception" (*FS*, 63). Such concern with the short-lived and momentary not only prevents the individual from achieving narrative identity but also leads to a mindless moral irresponsibility and to a narcissism that can have grave "political consequences" (*FS*, 92). In the end, Simanowski fears, Facebook, and the episodic identity that it cre-

^{18.} The quotes in this section are from Rosa, Weltbeziehungen, 224, 218.

^{19.} Rosa is not critical of situational identity per se, but he does acknowledge problems with social acceleration (e.g., "situational politics"), which situational identity is tied to (*Social Acceleration*, 224–76).

ates, may bring about political intolerance and totalitarianism (*FS*, xvi). Ultimately, human identity as well as human politics may be thoroughly corrupted, and, in a perhaps not so distant dystopian future, we will be able to see ourselves and the world only through the Facebook eye.²⁰

Facebook Eye

As the embodiment of their instant selves and episodic identity, Facebook users grow, metaphorically speaking, a Facebook eye. With this eye, reality is seen, as Simanowski says, only "in terms of how lived experience could best be presented to the 'friends' and how it generates the most 'likes'" (IS, 214). The term was coined by Nathan Jurgenson, who had argued that social media change human perception in such a way that we orient our experience no longer toward the experience itself but toward sharing and presenting it online. Thus, Jurgenson diagnosed, "we forget to live our lives in the here-and-now" and turn "the unquantifiable beauty of human experience" into "something that fits into a database." In other words, the Facebook eye deprives our perception, our experience, and thus ourselves and the world of authenticity.

The problem for Jurgenson, and by extension for Simanowski, is that the Facebook eye "structure[s] identity in more or less constraining ways." This eye only sees "boxes to squeeze oneself into" and heeds "grid-patterned data-capture machine[s]." Jurgenson therefore calls for a new "social media profile, one that isn't comprised of life hacked into frozen, quantifiable pieces but instead something more fluid, changing, and alive." This is in essence a call for an authentic life, informed by creative agency. Jurgenson's appeal in fact represents another version of what Simanowski, Walker-Rettberg, and others also argue: social media can endanger or falsify authenticity, and we need to make sure to preserve our authenticity when dealing with them.

The Limits of Authenticity

The subtitle of *Facebook Society, Losing Ourselves in Sharing Ourselves*, suggests, first, that we, as individuals, are, or at least should be, in possession of

^{20.} As the role of "fake news" in influencing the 2016 US presidential election becomes clearer, the political power of Facebook and other social media is being unveiled. For many, including the US government and the United Nations, the social media giants, especially Facebook, need to start taking more responsibility for how they influence political activities. For those who share Simanowski's dystopian fears, this attention only confirms their worries (Foer, *World without Mind*, 92–93; Vaidhyanathan, *Antisocial Media*, 2–6; Taplin, *Move Fast and Break Things*, 5).

^{21.} Jurgenson, "Facebook Eye."

^{22.} Jurgenson, "Liquid Self."

ourselves and, second, that this possession is precious and essential; we ought not to lose ourselves. These two suggestions constitute a simple definition of what we understand as the "paradigm of authenticity" that manifests itself in the "age" and "culture of authenticity" as described by Taylor and others.²³

The tenor of the present critiques of social media, internet usage, and the "digital world" almost always warns of their detrimental effects on authenticity, autonomy, and agency—to name three tightly related concepts. Authenticity means to be able to "be," "create," "find," "discover," "own," "develop," or "live out" ourselves freely, consciously, and originally, that is, without domination by external powers. To be sure, this does not mean that one can exist without any external influences or resonances and specifically without recognition by other subjects. In fact, as many authors have stated, following Hegel, recognition by other authentic subjects can be an essential aspect of the Bildung of authenticity. However, authenticity still means that our identity is grounded within subjectivity. It is a form of identity in which the outer, social persona is supposed to "authentically" reflect our internal, subjective, and unique "selves." Social media and the algorithms at work on the internet seem to threaten the self-determining powers of the authentic individual and impose on us external formats of self-presentation, self-representation, and, in the case of algorithms, even some hidden processes of mechanized external selfcreation. Thereby, as Simanowski fears, we may become "mindless" automatons, simply living and telling our lives in accordance with the structures, expectations, or "boxes" that society, in the form of Facebook and other websites, implants into us.

This feared loss of authenticity can remind us of the times before authenticity. As Lionel Trilling most eruditely and eloquently points out in his classic study *Sincerity and Authenticity* (1972), we have not always been authentic. According to Trilling, the concept of authenticity is a modern, Western concept of individuality that replaced a model of what he calls "sincerity." Sincerity consists, for Trilling, in "the correct fulfillment of a public role." Correct" here means not only that one acts in accordance with what the role requires but, more important, that one backs up one's public persona with one's inner feelings, thoughts, and intentions. In short, sincerity requires honesty and commitment by the inner self that "fulfills" the role. In a sincerity model, the inner self is in conformity with a social role, for example, the role of mother, monk, or midfielder in a football team. Here identity is acquired by

 $^{23. \} See \ also \ Anton, \textit{Selfhood and Authenticity}, 3-14; \ and \ Ferrara, \textit{Reflective Authenticity}, 9-13.$

^{24.} Trilling, Sincerity and Authenticity, 9.

an inner commitment to one's role. Under conditions of authenticity the vector of identity formation is reversed. The social persona no longer informs and shapes the inner self. To the contrary, in the age of authenticity the social persona is supposed to express and be shaped by the inner self.

Trilling describes how in modernity sincerity became unconvincing.²⁵ Eventually, in a faster, more complex, and much less stable social world with an emphasis on individual ownership, responsibility, agency, and freedom, the inner self is no longer willing to accept being defined and confined by its social roles. It forms and articulates "the idea that somewhere under all the roles there is Me, that poor old ultimate actuality, who, when all the roles have been played, would like to murmur 'Off, off, you lendings!' and settle down with his own original actual self."²⁶

In late modernity, this "poor old ultimate actuality," the "original actual self," seems threatened again. The discomfort that Simanowski and others express toward Facebook society is rooted in the fear that it dissolves authenticity. And this may well be true. However, we would like to propose here that we have never been truly authentic to begin with. If Trilling and others are right, we became authentic only in early modernity, and even then we did not become "truly" or completely authentic. Rather, at the time of increasing individualism a relatively convincing new semantics shaped the guiding narrative of identity. Now, in late modernity, along with social and technological changes, the semantics of authenticity seems to lose its general credibility, just as a semantics of sincerity did in earlier times. In early modernity, contingencies and contradictions inherent in the sincerity model became apparent, and now it seems that the contingencies and contradictions inherent in the authenticity model of identity are increasingly obvious.

We therefore believe that concepts such as instant self, episodic identity, and Facebook eye indicate phenomena that are less about an imminent loss of an essentially authentic self than about the rise of another identity paradigm shift in the wake of social change. Thus we propose to develop a different terminology and corresponding set of concepts to describe new aspects of identity assemblage—namely, terms and concepts that are not so heavily grounded in a certain bias or favor for authenticity as the one and only correct type of identity.

^{25.} Modernity here refers to the developments of the Enlightenment, the industrial revolution, capitalism, a Protestant work ethic, liquid modernity, acceleration, and functional differentiation—to refer to just a few theoretical attempts to specify modernity other than with the hardly convincing geographic notion "Western."

^{26.} Trilling, Sincerity and Authenticity, 9-10.

But before we do this, it is appropriate to briefly outline some of the contingencies and internal contradictions of authenticity.

First, as Bauman notes, the concept of authenticity is inherently paradoxical. Bauman conceives of authenticity as the core of modern individuality: "I unpack the ideal of 'individuality' as *authenticity*, as 'being true to myself,' being the 'real me.'" He then concludes that such a demand to be the real me "is self-contradictory and self-defeating: indeed, impossible to fulfil" (*LL*, 18). This impossibility is based on the following double bind outlined by Bauman:

Paradoxically, "individuality" is a matter of "crowd spirit" and a demand enforced by a crowd. To be an individual means to be *like* everyone else in the crowd—indeed *identical* with everyone else. Under such circumstances, when individuality is a "universal must" and everybody's predicament, the sole act that would make you different and so genuinely individual would be to try—bafflingly, stupefyingly—*not to be* an individual. If you can manage such a feat, that is; and if you can resign yourself to facing its (utterly unpleasant) consequences . . .

A mind-boggling quandary indeed if ever there was one! No wonder the awesome need for individuality keeps us busy through the day and awake at night . . . The quandary is not just mind-boggling: not only a logical contradiction. . . . The quandary under discussion is a thoroughly practical task, whose fulfilment fills our life, so to speak, from cradle to grave. In a society of individuals—our "individualized society"—we are all required, and indeed we truly crave and try hard, to be individuals. $(LL, 16)^{28}$

In a society where everybody is supposed to be an authentic individual, authentic individuality itself becomes inauthentic, since authenticity is externally imposed on the individual by society.

Prior to Bauman, Niklas Luhmann had traced the paradoxical nature of authenticity to the emergence of popular mass media, and in particular the printed novel, in the eighteenth century. People reading about authentic individuals in novels were "invited to make the connection back to themselves" and to internalize the distinction between authentic versus inauthentic and copy versus original.²⁹ One focus was to "advis[e] the reader by means of such reading matter that he or she should endeavor to be authentic" (*LL*, 81). Mass-copied books spread the news about and illustrated authenticity so that

^{27.} Bauman, Liquid Life (hereafter cited as LL), 17.

^{28.} The first two ellipses in this quotation are Bauman's; the third ellipsis is ours.

^{29.} Luhmann, Reality of the Mass Media, 61.

"the desire to experience things authentically for oneself is itself a desire suggested by this distinction" (*LL*, 142n12). In other words, "without reproductions there would be no originals" (*LL*, 86). Ironically, a mass media-based culture of copies "produces its counter-conceptuality of 'authenticity,' 'actualness,' 'spontaneity,' etc." (*LL*, 86). In a theoretical move reminiscent of Derrida, Luhmann suggests that the origin of the focus on the original is found in a culture based on copies. By reading copies (of books), we are asked to copy originals (such as the protagonists of these novels).

If Luhmann's analysis is correct, then the challenges posed to authenticity did by no means arise with social media of the twenty-first century, as Simanowski and others imply, but in fact date back to the very beginning of mass media in early modernity and were already present when the notion of authenticity started becoming popular. Authenticity was always paradoxical and problematic, but its inherent difficulties have only now, with the recent proliferation of social media, become so obvious as to result in authenticity losing its credibility.

Second, as Bauman has pointed out, authenticity (or an authenticitybased individualism) is not only paradoxical but also impossible. The impossibility of being authentic in society has been shown perhaps most prominently and drastically by Goffman more than half a century ago. Humans did not have to wait for social media in order to feel the need to present themselves in an almost theatrical manner at any given moment of social interaction. Social interaction is, for Goffman, in essence and effect, an interpersonal enactment of roles. These roles vary from situation to situation and depend on context, but there is never a time when in engagement with others we can simply, and abstractly, be "truly" ourselves. There is no correspondence between an inner core "self"—whatever this may be—and the social roles we need to perform. The roles that we play when communicating with others are determined not by what individuals are at their innermost core but by social interrelations and social structures. One of these roles, particularly in modernity, may well be that of the "authentic self," but, at least from the viewpoint of Goffman's theory, this role, too, stems from a social demand and not from a core selfhood.

From a Luhmannian perspective as well, the operationally unbridgeable systemic difference between society, mind, and body and their respective forms of operation has to be acknowledged. While communication definitely needs its participants to be bodily alive and mentally active, there is no specifically authentic correspondence between these three spheres. There is not one specific thought or feeling that corresponds authentically to our physiological state, and there is also not one specific word or one specific action that authentically corresponds to or expresses what we think or feel. What we say in soci-

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ety is as much informed and influenced by the social contexts and structures in which we communicate as it is by our own thoughts, feelings, and bodily states. A purely authentic form of social interaction, one that would emerge only from the individual selves with their thoughts and feelings, rather than be at least to a certain extent "imposed" on the individual by social context, is hardly possible. The social, mental, and physiological systems do influence one another; they are, in Luhmannian terms, structurally coupled and coevolve, but we cannot identify any one of the three as the true core of the other two. None of the three systemic realms is able to "authentically" determine the operations of the other two. To abstract an authentic and original self-consciousness from the social (and biological) structures in its environment and along which it coevolves is impossible.

Third, as Henry Rosemont Jr. outlines in his Confucianism-inspired treatise Against Individualism (2016), the notion of the "authentic individual" is politically, culturally, and historically contingent. For Rosemont, individualism and authentic identity became paradigmatic values only along with the logic of capitalism. Arguing from a perspective rooted in early Chinese philosophy, Rosemont categorically questions the assumptions that human identity can or ought to be defined "in terms of isolateability, freedom, independence, rationality, and autonomy." Instead, Rosemont suggests that "human beings can only be properly understood relationally, never as isolates, and are thus best accounted for as the sum of the roles they live with no remainder of consequence."30 As a contemporary Confucian thinker, Rosemont thus disputes the primacy of the authenticity imperative as "important to find and live out one's own," to quote Taylor again. 31 If we take non-Western philosophical resources into account, it soon becomes obvious that authenticity cannot be regarded as a universally accepted default standard for forming identity. In fact, following Rosemont's approach, it seems unlikely that the authenticity paradigm can even be ascribed a dominant role in European precapitalist contexts. If we are allowed to read Rosemont in this way, it is also possible to challenge the moral and political supremacy of authenticity and to argue for a return of sincerity on both the personal and sociopolitical level. Not only in academic philosophy is sincerity still a viable and potentially preferable option for many, as David Foster Wallace and the "New Sincerity" movement show.³²

^{30.} Rosemont, Against Individualism, 9, 14.

^{31.} Taylor, Ethics of Authenticity, 66.

^{32.} Importantly, New Sincerity seeks to respond to the incessant and impossible demand to be "original" and "unique" by *returning* to sincerity—albeit a somewhat newly reinvigorated sincerity.

We do not wish to advocate a return to sincerity as a normative guideline or to regard it as better or morally superior to authenticity. Rather, we simply want to point out that the ideal of authenticity that explicitly or implicitly informs many critiques of the new social media cannot simply be taken for granted. As several theorists have shown, authenticity is paradoxical, existentially impossible, and culturally or historically contingent. It can be challenged philosophically, as Rosemont has demonstrated. But a perhaps more radical challenge may come from social media. Simanowski and others have voiced an unease with the supposed inauthenticity the internet fosters, but we wonder whether it is really such a simple matter. Do social media simply promote inauthenticity, or is something else (also) happening? Perhaps instead of fostering inauthenticity, they expose the paradoxes, impossibilities, and contingencies of authenticity in practice rather than in theory and thus allow people, or "users," to move on beyond authenticity. Perhaps it is quite inappropriate to measure social media usage with the authenticity criterion and to approach it with the suspicion of inauthenticity. Something altogether different might be going on. Press/Journa

Profilicity

When we look at someone else's Facebook feed (no longer a "page"), we do not assume that we really know the person. The viewer is aware that vacation photos, for instance, display only what the person who posted them wants others to see. No one believes that everyone actually lined up and jumped all at once on the beach for any reason other than to take a photograph. Status updates are similarly posted for a particular type of presentation; they are written only to be posted, just as the jumping photo is taken only to be shared—and everyone knows it. Only a naive person would take a Facebook profile to be a fully accurate representation of who someone is or how the details of that individual's life play out.³³

The reverse is also true. Facebook profiles, or any other "presentations of the self," are created by users who, as Simanowski admits, know full well that the "giant database . . . collects data sets" (FS, 70-71) and that it creates their "story." The user certainly does not have full control; it is the "algorithms [that] analyze the data that has been collected" (FS, 70–71), but the users are aware of the presence of such mechanisms. They do not participate in their profile con-

^{33.} This is not to say that social media cannot cause jealousy, foster feelings of loneliness, or make people feel or fear that they are missing out. To the contrary, this is well documented. The point is simply that while we may be easily influenced by someone's social media presentations, most people do not think that photos and status updates capture one's entire life.

struction as passive data-punching automatons—though clearly they are not the reflective narrators Simanowski wants them to be, either.

If we set aside assumptions about authenticity, it becomes clear that what is happening with social media challenges the very core of authenticity. People's profiles on different platforms vary drastically not just because the respective algorithms function in unique ways but because people wish to present themselves differently, depending on the audience. This is why, for example, undergraduate students are often perfectly willing to share their Facebook profiles with their parents, but not always their Snapchat or Instagram accounts, Vine posts, or Tinder profiles. This profile posturing, along with different "presentations of the self," is subject to social structures and phenomena that were less forceful just a couple of decades ago, but by no means absent.

When in early modernity the paradigm of authenticity replaced the paradigm of sincerity, the inherent paradoxes of the latter were increasingly obvious. As the "Me," to quote Trilling again, experienced its social roles as mere "lendings," it started to realize that the ideal of a complete internalization of social roles, of a complete identification with them, had been impossible from the start. It was eventually understood that social roles do not correspond to the inner self of a person; that, for instance, "motherhood" was not a social extension of a woman's inner dispositions. Preexisting social roles were consequently seen as a sort of external imposition or betrayal of the inner self. Today, with the shift from authenticity to profilicity, a different paradox comes to the fore. It is now increasingly obvious that the demand to truthfully and accurately present one's inner self in society is equally problematic. Not only are preexisting social roles mere "lendings" that we can never internalize with perfect sincerity, but the opposite move is also flawed: we can also never create a social persona that is a perfectly authentic outer representation of our inner self.

The shift from sincerity to authenticity dealt with the paradox of sincerity and the impossibility of being completely sincere by abandoning the pretense that anyone could ever perfectly correspond to a social role. Social roles were no longer regarded as a given shape that a self was supposed to sincerely fill. Instead, the focus was shifted inside—the self had to first discover or create itself and then to develop a corresponding persona. The validity of the persona had to come from within, from the self, rather than from society. Now another reversal is taking place, and the vector of identity formation is again turning. Rather than being preoccupied with identifying the authentic inner self, the focus is once more turned outward, toward the persona and its presentation in society. The validity of one's self-projection is no longer assumed to stem from

the inner "original self." As Luhmann put it, "A person can . . . not really know who he is, but has to find out whether his own projections find recognition." This (decidedly non-Hegelian) "recognition" consists in the social acceptance and validation of a profile.

In profilicity, we are concerned no longer with creating an authentic self but with "curating" a profilic persona or personas. Identity is achieved not by finally knowing who one really is at one's innermost core but by profilic achievements. As Sean Parker, the first president of Facebook, put it, Facebook established a network for a mass performance of endless "social validation feedback loops." This method of validation provides relief from relentless authenticity pressure. We no longer have to ask ourselves the old authenticity question (as posed by *The Chainsmokers*): "Why do I still have to mean everything I ever said?" Under conditions of profilicity, what counts is whether what we say or post finds approval in society.

Crucially, profilic recognition is not "intersubjective" and does not happen on the "spiritual" level of "self-consciousness"; rather, it is a social phenomenon best explained with Luhmann's concept of "second-order observation." The notion of the Facebook eye is a metaphorical illustration of second-order observation in the realm of the social media. With the Facebook eye, one observes something by observing how it is observed by others—this is the very definition of second-order observation. According to Luhmann, however, in modern society "all functional systems were adapted operationally to second-order observation." This adaptation took place on a far wider scale than the internet, and it happened long before its advent. The Facebook eye merely represents the personalized practice, or the individual mass adaption, of a second-order observation eye by billions of users.

At least two major twentieth-century theorists, Walter Benjamin and John Maynard Keynes, described the emerging prevalence of second-order observation. In his well-known essay "The Work of Art in the Age of Mechanical Reproduction" (1936), Benjamin reflected on the increasing obsolescence of the "original" artwork and on the vanishing of "authenticity" in the context of modern photography and film and, beyond these technological con-

^{34.} Luhmann, Theory of Society, 22.

^{35.} Giovanni Formilan and David Stark are using this notion of curating in their unpublished paper "Moments of Identity: Artists and Their Aliases in Electronic Music."

^{36.} Parker uses this phrase in an interview for the news and information website Axios ("Sean Parker on Mark Zuckerberg and Facebook").

^{37.} Chainsmokers, "Everybody Hates Me."

^{38.} Luhmann, Introduction to Systems Theory, 100.

texts, in the modern social systems of the mass media and art. He stated: "The whole sphere of authenticity is outside technical—and, of course, not only technical—reproducibility." ³⁹

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For Benjamin, mechanical reproduction liberated art from elitist ritual and religious frameworks and made it more democratic and generally accessible. Thus not only the mode of production but also the modes of the presentation and perception of art were thoroughly revolutionized. Most crucially, "with the emancipation of the various art practices from ritual go increasing opportunities for the exhibition of their products."40 The secularization of art transformed it into a public event, and eventually the "cult value" of the artwork was replaced by its "exhibition value." Not only does the work of art, according to Benjamin, thereby lose its "aura," which was tied to religious or aesthetic qualities, but, as in film and photography, the exhibited work is detached from any unique original. This turn brings about an "absolute emphasis" on "the exhibition value of the work of art." ⁴¹ Exhibition value is related to the effects a work of art produces when widely exhibited and perceived. The value of a movie is established by how it is observed when shown. We cannot simply look at the movie "in itself," independently of its screening. We can see it only as it is, quite literally, projected to its viewers. The shift from cult value to exhibition value described by Benjamin is a shift from first-order observation to second-order observation. In the age of mechanical reproduction, the mass media emerged in society as a system based on exhibition value and second-order observation. In its wake the art system, too, as Benjamin so aptly diagnosed, shifted toward the very same modes. Exhibition value is in essence what we could call "profilic value" and tied to second-order observation.

At more or less the same time Benjamin was writing about the exhibition value of artistic and mass media products in the age of mechanical reproduction, Keynes used the "beauty contest" analogy to explain the generation of economic value in modernity. The market value of a (financial) product is determined neither by any "authentic" value it may possess "in itself" nor by the value it has for any specific person. Instead, the market value of such a product is based on a gauge of the general estimation of its value:

Professional investment may be likened to those newspaper competitions in which the competitors have to pick out the six prettiest faces from a hundred

^{39.} Benjamin, "Work of Art," 230.

^{40.} Benjamin, "Work of Art," 234.

^{41.} Benjamin, "Work of Art," 237.

photographs, the prize being awarded to the competitor whose choice most nearly corresponds to the average preferences of the competitors as a whole; so that each competitor has to pick, not those faces which he himself finds prettiest, but those which he thinks likeliest to catch the fancy of the other competitors, all of whom are looking at the problem from the same point of view. It is not a case of choosing those which, to the best of one's judgment, are really the prettiest, nor even those which average opinion genuinely thinks the prettiest. We have reached the third degree where we devote our intelligences to anticipating what average opinion expects the average opinion to be. And there are some, I believe, who practise the fourth, fifth and higher degrees.⁴²

From the perspective of profilicity, the most relevant point made by Keynes is that the stock market is interested neither in any actual or "authentic" value inherent in the stocks (which, arguably, does not exist in the first place) nor even, and this is crucial, in what value any individual actually ascribes to the stocks. On the financial market, stocks are observed and acquire their value through "pure" second-order observation. Instead of considering "genuine" average opinion—which would be an observation of what others directly observe in the mode of first-order observation—participants in the market focus their observations on determining "what average opinion expects the average opinion to be." The market functions, and produces value, by estimating what others think—not about the stocks themselves but about "average opinion." The point is to guess right not what others will personally value but what these others will think is impersonally valued as the general "exhibition value" of financial products. In other words, "recognition" of value is detached not only from the inherent properties of the evaluated object but also from its direct evaluation by individual subjects. Recognition, and value, is based not on what anyone personally recognizes or finds "genuinely" valuable but on what is generally considered popular.

Other social systems have followed suit. In the political system, campaigns operate with the production of profiles. Election success depends on the public appeal of a political party's "poster boy" or "poster girl." Opinion polls on the popularity of a political "brand" are more important in elections than ideological coherence or faithfulness to doctrines—as recent events clearly demonstrate.

In the academic system, second-order observation has been institutionalized most aggressively in the form of the peer-review system and the rating and ranking of academic institutions. On the basis of its superior authenticity alone,

^{42.} Keynes, General Theory of Employment, 100.

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no philosophical paper will be accepted for publication in a top journal. (We could wonder with Walter Kaufmann whether the works of any great philosopher, from Plato and Aristotle to Hume, Hegel, or Nietzsche, would ever be published today.) Instead, papers have to be written in a certain style and format, they have to address the respective literature in a given field, and they have to be sufficiently "anonymous," that is, lacking an all-too-personal (original? unique?) edge. Similarly, the reviewers in a "double-blind" review process are also supposed to judge not from their unique or authentic perspectives but from the perspective of the "state of the art" in the field. The official regulatory instructions for most journals ask reviewers to judge if a submission "lives up to the standards" of the journal—standards not otherwise defined. In other words, they ask that a paper be judged like a pretty face, according to what the reviewer thinks the average opinion would be. Similarly, to properly recognize the systemic value of an academic paper, we do not have to read it, but we have to understand the value of its publication venue and the impact it had on the field—both of which are made accessible through second-order observation metrics (e.g., journal indexing, impact factors, and altmetrics). The value of academic works and authors is established by observing how they are observed by the system within which they are produced, not by the content itself.

The generation of exhibition value in social systems such as art, politics, or the academic system is tied to a profile, or, in marketing terms, a "brand." No one expects the product of a brand to express any "authentic" essence—but everyone expects it to be profilic. It must provide an identity on the basis of public recognition and validation. This is why, for instance, some would "rather go and buy Balmains."43 A Gucci bag is neither more authentic nor more useful for carrying things than a "no-name" bag, but it has a specific profilicity evaluation that allows it to be valued more, economically and often socially, than the latter. The value of a Gucci bag is related to the value of the Gucci brand, or the Gucci profile. The Gucci profile, in turn, is shaped not by individual shoppers who somehow authentically believe in Gucci but through the general recognition that Gucci is a luxury brand. This is to say, there is no authenticity in the bag, and also no authenticity in the shopper or the market. The difference between "authentic" and "fake" Gucci bags has to do not with the objective quality of a specific bag or with the subjective appreciation by a specific owner but with the accurateness of a profile. A Gucci bag becomes a real Gucci bag simply by being legally marketed under the brand—and by no

^{43.} This is what Lil Pump suggests in his song "Gucci Gang."

other quality at all. In other words, an authentic Gucci bag is actually not authentic but profilic.

This brings a peculiar quality of profilicity to bare—one that distinguishes it not only from "self-centered" authenticity but also from otherfocused sincerity. Profilicity is validated by an audience, but an audience that is not personally committed. As Keynes put it, it does not matter what "average opinion genuinely thinks." No one needs to really like Gucci bags for the brand to be successfully profilic. Under conditions of profilicity, we are dealing not with actual peer groups but with a "double-blind" and anonymous general peer. First-order observation is still important for sincerity to work—my identification as mother, monk, or midfielder must be immediately validated by my family members, my fellow monks, or my teammates. It cannot function on a double-blind basis. The contrary is the case with profilicity. Here the social feedback loop is valid only if it goes beyond individual and subjective recognition. In profilicity, recognition is not limited to the peers I interact with directly and in person. Profilic recognition stems from the general peer, from the respective wider systemic audience for which I "post" or "share." What counts for the academic recognition of an academic journal is less how many times its articles are cited in this journal than how many times they are cited in articles published in other journals. Of course, the higher the other journal is ranked, the better this journal appears (is ranked). True profilic identity and actual profilic value must come from the general peer and not from the specific peer.

Conclusion

Profilicity is a mode of identity assemblage and a mode of value generation that evolved along with the shift from first-order observation to second-order observation. According to Luhmann, second-order observation is "just as important" a criterion of modernity as functional differentiation.⁴⁴ If this is the case, then profilicity can be regarded as a prominent late modern paradigm of identity, although, like second-order observation, it surely had its premodern predecessors. It seems to have pushed sincerity and authenticity into the background, or taken them into its service, albeit without eliminating them.

Profilicity emerged in several social systems over decades. Social media such as Facebook did not need to invent it. Rather, the mass media format, as Benjamin showed with respect to the art system, has spilled over into other systems and effected wide social transformations. When the mass media system coupled itself with the art system a century ago through new technologies such

^{44.} Luhmann, Theory of Society, 102.

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as film and photography, it accelerated branding in the economy and in politics by coupling itself with these systems through advertising and reporting. Something similar has now happened with other systems, such as the academic system and private life, or the "intimacy system," as Luhmann calls it. In academic and social media, we produce ourselves nowadays as small-time (or sometimes also big-time) celebrities, and we do so by developing profiles. As Simanowski and others point out, this enables the emergence of such phenomena as instant selves, episodic identity, and a Facebook eye. However, all these phenomena are best understood, we suggest, under the umbrella of the more general notion of profilicity rather than simply as expressions of inauthenticity.

Paul J. D'Ambrosio is fellow of the Institute of Modern Chinese Thought and Culture, associate professor of Chinese philosophy, and dean of the Center for Intercultural Research at East China Normal University in Shanghai.

Hans-Georg Moeller is professor of philosophy at the University of Macau.

^{45.} The importance of branding is expanding at increasing rates for persons, companies, and even countries (Aronczyk, *Branding the Nation*).

^{46.} Bauman argues that social media are so popular largely because they enable people to act, and to some extent feel, like celebrities: "You made an account on Facebook and people can now show themselves in so many photographs. 'I am eating my breakfast.' 'I am playing with my cat'" ("Prof. Z. Baumano ir prof. L. Donskio dialogai").

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